



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET & STAY ACTIVE THIS WINTER

## POLAR BEAR SERIES OF RUNS & WALKS

5 Events: January 1 – March 23, 2014

Join the over two hundred runners and walkers to complete in Walk or Run Series.

### EVENT DATES & LOCATIONS:

Wednesday, January 1 at SBU  
Sunday, January 12 at Bradford  
Sunday, February 9 at Wellsville  
Sunday, March 2 at Bradford  
Sunday, March 23 at Olean Y

### ENTRY FEE:

\$65 Series Pre-registration (includes LS Performance T-shirt)  
\$75 Series Registration the Day of Event  
\$20 ONE Event Pre-Registration  
\$25 ONE Event Day of Event Registration

### CONTACT:

Ink Young, Olean-Bradford Area YMCA  
fitness@oleanyymca.org OR 716-373-2400  
for more info.





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## 24TH ANNUAL POLAR BEAR SERIES OF RUNS/WALKS

Join the Southern Tier's only winter outdoor running/walking series.  
Complete one event or do them all.

Event Date	Distance	Location
January 1	5K Run 5K Walk	St. Bonaventure University
January 12	5K Run 5K Walk	Bradford– Pitt Bradford Campus
February 9	5K Run 5K Walk	Wellsville YMCA
March 2	10K Run 4-mile Walk	Bradford YMCA
March 23	1/2 Marathon Run 6-mile Walk	Olean YMCA

**COMPLETE SERIES PARTICIPANTS:** Includes entry into all FIVE (5) events.

**Register up to 12/28/13:**

\*includes a long-sleeved Performance T-shirt  
COST: Y Members: \$65\*  
Public: \$75\*

**Register 12/29/13 - 1/12/14:**

COST: Y Members: \$65  
Public: \$75

Complete series registration must be paid by 1/12/14.

**SINGLE RACE PARTICIPANTS:**

**PRE-REGISTRATION:** Y members: \$15 Public: \$20

**DAY OF EVENT REGISTRATION:** Y Members & Public: \$25

**RACE DAY INFORMATION:**

**Registration:** 12:00-12:45 pm

**Event start time:** All Events start: 1:00 pm

**For more information contact:**

- Ink Young, Y Sr. Wellness Director at 716 373 2400 or e-mail: [fitness@oleanymca.org](mailto:fitness@oleanymca.org)

**OLEAN FAMILY YMCA**

1101 Wayne Street, Olean NY 14760  
P 716 701 1330 W [www.oleanymca.org](http://www.oleanymca.org)

**BRADFORD FAMILY YMCA**

59 Boylston Street, Bradford, PA 16701  
P 814 368 6101 W [www.bradfordymca.org](http://www.bradfordymca.org)

**WELLSVILLE FAMILY YMCA**

Wellsville, NY

All race results are posted on both the Olean and Bradford YMCA's websites within 1-2 days of the event.





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# GET & STAY ACTIVE THIS WINTER

## POLAR BEAR SERIES OF RUNS & WALKS

5 Events: January 1 – March 23, 2014  
OLEAN-BRADFORD AREA YMCA

Join the over one hundred runners and walkers to complete in 5K Walk or Run Series.

### EVENT DATES & LOCATIONS:

Wednesday, January 1 5K at SBU  
Sunday, January 12 at Bradford  
Sunday, February 9 at Wellsville  
Sunday, March 2 at Bradford  
Sunday, March 23 at Olean Y

### ENTRY FEE:

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