

WARREN COUNTY YMCA

10k & 5k Run, 5k fun walk

Kids Dashes

SATURDAY JUNE 19, 2010

10:00 AM

****ALL PROCEEDS BENEFIT RICH NORRIS****

<u>EVENTS</u>	<u>STARTING TIME</u>	<u>AGE GROUPS</u>
10k run, 5k run	10:00 am	14 & Under, 15-18, 19-29, 30-39, 40-49, 50-59, 60+

COST: \$15.00 per runner – before June 19 \$20.00 race day
\$10.00 per walker – before June 19 \$15.00 race day

NEW for 2010...Kids! •50 meter dash 5 years and under •100 meter or 400 meter dash 5-12 yrs.
\$2.00 per child. After the finish of the 10k run on War Memorial Field track.

REGISTRATION: 8:30 – 9:45 am at the Warren County YMCA, 212 Lexington Ave.

T-SHIRTS: Guaranteed to first 75 entrants. All others as supplies last.

AWARDS: First male and female overall, top 3 male and female runners in each age group for both 5k and 10k runs. Participant award for all dashers!

Mail entry form to: Warren County YMCA (814) 726-0110
Attn: Chris Dolan
212 Lexington Ave
Warren, PA 16365

Email: chris@warrenymca.org

web: www.warrenymca.org

Name _____ Event: 10k run 5k run 5k fun walk
Dash: 50m 100m 400m

Address _____ Phone _____
Youth S(6-8) M(10-12) L(14 – 16)

E-mail _____ Adult S M L XL XXL - (add \$2)

Sex Male Female Birthdate _____ Age on 6-19-10 _____

In consideration of accepting this entry, I, the undersigned intending to be legally bound for myself, my heirs, personal representatives, successors, and assigns, waive and release any and all claims for losses and damages I may have against the Warren County YMCA and its representatives, for any and all injuries or illnesses that may result from this event. I agree that I have sufficiently trained for the completion of this event. I also understand and agree that any sponsor may use for publication my name and/or results of me participating in this event without any obligation or liability to me.

SIGNATURE _____

DATE _____

If under 18 years old, signature of legal guardian required.