

ST. PATRICK'S DASH

3 LUCKY MILES DASH & WALK

SATURDAY, MARCH 12, 2011
JAMESTOWN, NEW YORK



- Date & Time:** Saturday, March 12, 2011
3 Mile Dash and Walk starts at 9:15 a.m.
Late Registration/Check-in: 7:30 a.m. to 8:30 a.m. (\$25.00 per entry with NO t-shirt)
Food & refreshments (in the Jamestown Saving Bank Ice Arena) following the 3 Lucky Miles.
- Start & Finish:** Jamestown Savings Bank Ice Arena, 319 West Third Street, Jamestown, NY 14701
- Course & Distance:** The Lucky 3 Mile Dash is sanctioned by USATF and course is pending 2011 USATF certification
- Age/Categories** Male and Female
3 Mile Dash: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over.
3 Mile Walk: Open to walkers of all ages
- Awards:** Given proportionally in each division (*no duplication of awards*)
3 Mile Dash & Walk awards to first three male and female overall finishers
3 Mile Dash awards to first three male and female finishers in each age group
- Registration:** Pre-entries close Monday, March 7th, 2011 (to ensure t-shirt & proper size, please pre-register)
Day of Dash registration from 7:30 a.m. to 8:30 a.m. on race day at Jamestown Savings Bank Ice Arena.
- Entry Fee:** Enter online at www.usatf-niagara.org with a \$2.00 service charge (close on March 7 at 11:59 p.m.)
- Or please make check or money order payable and mail to: Chautauqua Striders, Inc.
101 East Fourth Street
Jamestown, NY 14701
- Entry Fees**
3 Mile Dash: \$20.00
3 Mile Walk: \$20.00 **All late entries received after March 7, 2011 are \$25.00**
- Additional Information:** Please visit www.chautauqua-striders.org for additional information.



ST. PATRICK'S DASH LONG SLEEVE
T-SHIRT ALL PRE-REGISTERED
DASHERS OR WALKERS

2011

CHAUTAUQUA
STRIDERS



Runner of the Year

The St. Patrick's Dash will be the first race in the 2011 Chautauqua Striders' Runner of the Year Series. Ten area races have been selected with points awarded to runners for their overall finish as well as age group results.

Additional Runner of the Year information (races and results) will be available at www.chautauqua-striders.org.

