

Race Day Information

**Saturday, May 2, 2009
10:00AM**

Race: Starts at Beaver Island State Park, Grand Island, NY between Buffalo and Niagara Falls. It is a flat, fast out and back course along the scenic Niagara river. Chip timing, water and sports drinks are available.

Directions: Take the Beaver Island exit off the I-190. Follow signs to the park. Free admission to the park for all runners and their families. Veer left as you enter the park to access area I for parking and pre/post race activities at the river side shelters, Marina North & South.

Race fee: \$30 Early application fee (Canadian money at par). \$35 from March 20 to until May 2. \$40 day of race. A portion of race proceeds will benefit a Grand Island youth program. Runners may also pre-register online at www.active.com or at Fleet Feet Sports. Guarantee shirt size if application is received by April 6.

For USATF Members Only: We are awarding the following cash prizes and awards medals: Open Male/Female 1st \$250, 2nd \$125, & 3rd \$50 and \$200 bonus for performance under: 1:07:00 Male & 1:14:00 Female, Masters (40 plus) Male/Female 1st \$100 and \$200 bonus for age-graded performance above: 90%, and Age Group Medals Male/Female 1st-3rd. NOTE: You must be 2009 USATF Niagara Association Member to be eligible for championship awards - To become a USATF Member visit: www.usatf.org.

Our event is Sanctioned by USATF and Course is Certified to be accurate by USATF #NY06024JG. For your information, a copy of our course map is listed online at: <http://www.usatf.org/events/courses/search/>.

Waiver must be signed for entry acceptance

In registering for Greater Buffalo Track Club's Grand Island Half Marathon I state that I fully understand and assume the risk and responsibility for participating on a course with vehicular traffic, even when the course is policed, and for training to an appropriate level of fitness to participate in such a physically demanding event. I hereby state that I am fit to participate. I also waive all claims for myself, and for anyone acting on my behalf, against the Greater Buffalo Track Club, any and all sponsors, the town of Grand Island, County of Erie, State of New York and NY State Dept. of Parks for damages that might result from my participation therein. If I am injured or taken ill, I hereby authorize race officials to transport me to a medical facility and/or to administer emergency medical treatment and waive all claims for damages that might result from such transport and/or treatment. I also agree to provide certain medical data to race officials to expedite such treatment.

LAST NAME (PLEASE PRINT) FIRST NAME M.I.

NUMBER AND STREET

TOWN/CITY STATE/PROVINCE ZIP/POST CODE

M ___ F ___ AGE (DAY OF RACE) ___ PHONE: (___) ___ - _____

EMAIL: _____

Ten digit USATF membership number (i.e.. USATF #1910330004) _____

Runner's signature: _____

Parent or Guardian Signature (if under 18): _____

Shirt size (please circle preference):

Men S M L XL

Women S M L

Awards: The overall male and female finishers, the top masters finishers and the top three in each age division. Gold, silver or bronze time graded medals to all finishers.

- Gold: Men under 1:30
Women under 1:45
- Silver: Men under 1:45
Women under 2:00
- Bronze: All others

Make checks payable and send to:
Greater Buffalo Track Club
910 Mill Road
East Aurora, NY 14052

Application

OFFICIAL USE ONLY

RACE NUMBER





PACKET PICK-UP

Thursday, April 30th
and Friday, May 1st

11AM to 7PM

Fleet Feet Sports
2290 Delaware Ave.
Buffalo, NY 14216
(716) 332-3501

Age Divisions

- 0 - 14
- 15 - 19
- 20 - 24
- 25 - 29
- 30 - 34
- 35 - 39
- 40 - 44
- 45 - 49
- 50 - 54
- 55 - 59
- 60 - 64
- 65 - 69
- 70 - 74
- 75 and up

**Post race party
catered lunch
and beverages.**

WE Massage

"Together we can make a difference"

Warren Elvers
689-2493



LEBRO'S
INFORMAL DINING & SPIRITS

Award Winning Italian Comfort Food
Preferred Caterer For UB Center for the Arts

688-0404 330 CAMPBELL BLVD.
GETZVILLE
www.lebrorestaurant.com



Greater Buffalo Track Club
910 Mill Road
East Aurora, NY 14052

GREATER BUFFALO TRACK CLUB

15TH ANNUAL

*Buffalo News
Runner of the Year Race!*

**GRAND ISLAND
HALF-MARATHON**

Our event serves as the 2009 USATF Niagara Association Open & Masters
Half Marathon Championships.

SATURDAY, MAY 2, 2009 BEAVER ISLAND STATE PARK, GRAND ISLAND, NY