

Fleet Feet Sports Flurrious Forecast 2 Mile Run

A Winter Run in partnership with the Buffalo Olmsted Parks Flurrious Festival.

Saturday 1/21/12 at 9 AM

Entry Fee:

\$15 (cash or check by mail or at Fleet Feet, 2290 Delaware Ave., Buffalo, NY 14216)

Number/Chip Pick-up/Register:

Fleet Feet Sports, 2290 Delaware Ave., Buffalo on Fri. 1/20 (10 AM-8 PM) & Race Day at the Big Tent outside the Parkside Lodge (7:30 AM-8:45 AM).

Course: Delaware Park Ring Road

How it works: Predict your 2 mile race time on your entry form. No watches, GPS, phone or iPod applications or human pacers of any kind allowed in this run. Run as close to your predicted time as possible. Awards will be presented to the three runners who are closest to their predicted time (below, right on or over). Awards provided by Soleus and Timex.

A low frills forecast your finish time run to celebrate our winter season and test your sense of pace. Chip timing, post race food & beverage, random door prizes & great awards for the winners. One dollar of the entry fee is being donated to the Buffalo Olmsted Parks Conservancy.

Contact or Questions – call 716-332-3501



In consideration for the acceptance of this application for entry to Flurrious Forecast Fun Run, an RRCA sanctioned event, I hereby acknowledge that Fleet Feet Sports, Fleet Feet Sports of Buffalo, their employees, officers, directors, shareholders, agents, representatives, volunteers & sponsors cannot assure my safety during participation in the event. I recognize that participation in the event exposes me to risks including but not limited to running related injury, traffic & the detrimental effects of cold, heat or pollution. Applicant acknowledges that his/her participation in the event is entirely voluntary & hereby assumes all responsibility for personal injury. Applicant further represents & warrants to the best of his or her knowledge that Applicant is in good health & physical condition & is able to engage in the event without any health or physical concern to his or her well being.

I, therefore, for myself, my heirs, executors, administrators, successors & assigns, HEREBY RELEASE, WAIVE & FOREVER DISCHARGE & SAVE HARMLESS THE "RELEASED PARTIES" (DEFINED TO INCLUDE: FLEET FEET AGENTS, REPRESENTATIVES, VOLUNTEERS & SPONSORS), jointly & severally, from any & all claims, losses, damages, demands, costs, causes of action or liability of any kind, whether in law or in equity, for injury or death, or loss or damage to property, from whatever source, of whatever nature, resulting or arising from my attendance at or participation in the event, whether as a spectator, participant or otherwise & whether or not as a consequence of my following any program of diet &/or exercise on the recommendations of any of the aforesaid; whether prior to, during or subsequent to said attendance or participation AND NOTWITHSTANDING THAT ANY SUCH CLAIM MAY HAVE BEEN CONTRIBUTED TO OR OCCASIONED BY THE NEGLIGENCE OF THE AFORESAID.

The undersigned has read this release & waiver & understands all of its terms & executes it voluntarily & with full knowledge of its significance.

Predicted Finish Time (Minutes: Seconds) _____ BIB Number: _____

Last Name: _____ First Name: _____

Sex: _____ Age (on Race Day): _____ Address: _____

City: _____ State: _____ Zip Code: _____

Phone #: _____ E-Mail Address: _____

Signature (If under 18, parent's signature required) _____