



CAMERON RUN

To Benefit the RMHC
5K Run/2 Mile Walk
Saturday August 14, 2010



TIME

9:30 AM Sharp!

LOCATION

Point Gratiot, Dunkirk, NY

ENTRY FEE

\$15 pre-register by July 31st

\$20 August 1st and after

18 years old and under: \$10

(Entries close at 9:15AM on race day.)

T-shirts guaranteed to those pre-registered
by July 31st.

PACKET PICK-UP

Acquavia Post, American Legion
221 Lake Shore Drive W. Dunkirk

Friday August 13, 4PM - 6PM

Saturday August 14, 7:30AM - 9:15AM

AWARDS

Awards to top three finishers in
each age group (male and female)

Special award for top finisher in
Public Servant category (male & female)
(Police, Fire, Corrections, or Military)

AGE GROUPS

14 & Under	30-34	50-54
15-19	35-39	55-59
20-24	40-44	60-64
25-29	45-49	65 +



POST RACE PARTY

Immediately following the race.

Beer, pop, water, and brunch for all involved.
Additional brunches may be purchased for \$5 a
head. Please request on entry form.

Award Ceremony to follow.

GENERAL INFORMATION

USATF sanctioned course
certification #NY01018AM
Roller blades, strollers, and dogs are
welcome in the walk only

For further information contact race director
Jeffrey Marsowicz

phone: (716) 366-9283

e-mail: cameronrun314@yahoo.com

website: <http://cameronrun314.tripod.com>

Live

Laugh

Love

REGISTRATION

PLEASE SEND ENTRY FORM AND REGISTRATION FEE TO:

Cameron Run
632 Eagle Street
Dunkirk, NY 14048

* Make checks payable to: Cameron Run

In consideration of you accepting this entry and permitting me to attend or participate herein, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for damages I may now or in the future have against race organizers, the City of Dunkirk, the American Legion Acquavia Post, and/or sponsors, volunteers, agents, members, and assigns, for any and all losses and injuries in association with this event.

Signature: _____ Date: _____ T Shirt: SM. MED. LG. X-LG. 2X-LG.
(circle one)

Parent's Signature: _____ Date: _____ Occupation: _____
(If participant is under 18 years of age) (If public servant)

Name: _____ Phone: () _____ Sex: _____ Date of Birth: _____

Address: _____ City: _____ State/Province: _____ Zip/Postal Code: _____

In case of emergency call: _____ Phone: () _____ Relation to runner: _____

E-mail: _____ RUNNER / WALKER
(If you wish confirmation of registration. Help us save stamps!) (circle one)

I am unable to attend the walk/run but enclosed is my donation of: \$ _____

of additional brunches requested: _____