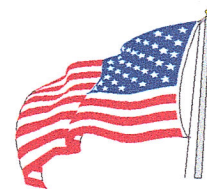
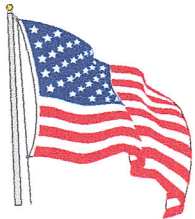


2nd Annual Armed Forces 5K Run

Saturday, July 10, 2010



Event to take place at Beach #1 Presque Isle State Park Erie, PA

Registration 7:00am; July 10, 2010 {Beach #1 Parking Area}

Race starts : 8:00 am Beach #1 parking area. {Presque Isle, Erie, PA}

Entry Fee: \$15.00 {\$10.00 for military}

Proceeds to benefit the 2010 Naval Ball

Please make check payable to: Navy Operational Support Center

Mail to: NOSC

3938 Old French Road

Erie, PA 16504

First Name: _____

Last Name: _____ Awards:

Address: _____ Age Group F/M:

City: _____ 14 & Under; 15-19; 20-24; 25-29;

Zip/Postal Code: _____ 30-34; 35-39; 40-44; 45-49; 50-54;

e mail: _____ 55-59; 60-64; and 65 up

Age on July 10th 2010: _____ Top 3 places in each age group.

Running Club: _____

Gender: Female _____ Male _____

T-Shirt Size: S _____ M _____ L _____ XL _____ XXL _____ XXXL _____

Registrant Waiver:

Waiver must be signed to participate: I waive & release any & all rights & claims for damages for me, my heirs, executors that I may now or in the future have against the Navy Reserves , Presque Isle, event sponsors, their representatives, agents, for any & all losses & injuries suffered from or while competing in this event.

Participant Signature: _____ Date: _____

Parental Consent if under 18 years: _____

Contact: Jerry Trass {716} 373-6640; jtrass77@yahoo.com