



BOYS & GIRLS CLUB

29th Annual DEPEW-LANCASTER BOYS AND GIRLS CLUB

10K and Two Partner Relay
Ray Forton Memorial Race
Tuesday, July 4, 2006 • 9:00 A.M.



Thank You To Our Sponsors



645 Delaware Street • Tonawanda, New York



NICHOLAS J. AQUINO, M.D.
WILLIAM M. HARTRICH, M.D.
DAWN P. HRAB, M.D.
TIMOTHY M. HEYDEN, M.D.
JOHN P. PATTI, JR., M.D.

Richard J. Sherwood, Attorney
25 Central Ave. • Lancaster, NY 14086
684-5123



- Certified Course
- TAC Sanction
- Two Partner Relay (5K each)
- Designer T-Shirt to First 750 Entrants
- Age Group Awards
- Ample Water Stops
- Splits at each mile and 5K
- Free Post-Race Party at Boys & Girls Club
- Computerized Finish Line by Runtime
- Start to Fourth of July Celebration (Including Largest Parade in W.N.Y.)
- Free Yogurt, Refreshments, & Fruit to All Runners
- Buffalo News Runner of the Year Series



Join the Split Club! Add only \$2.00 to your entrance fee! *

Course monitored by Depew and Lancaster Police Dept., Bowmansville Vol. Fire Dept.
Lancaster Vol. Ambulance Corps., Lancaster Fire Dept., Depew Fire Dept.

Make checks payable to: **Depew-Lancaster Boys & Girls Club**

Return to: **Depew/Lancaster Boys & Girls Club**
5440 Broadway
Lancaster, NY 14086

ENTRY FORM MUST BE RECEIVED BY FRIDAY, June 30, 2006

LAST NAME										FIRST NAME										M.I.							
NUMBER & STREET																				RACE USE ONLY							
TOWN/CITY										STATE/PROV.		ZIP/POST CODE								PSN/BIB							
SEX		AGE		T-Shirt Size: M L XL XXL (Please circle) (First 750 entries)										Telephone # _____										<input type="checkbox"/> 10K Run		OR <input type="checkbox"/> 5K Category: (Please Circle) M-M F-F M-F Runners: 1. _____ 2. _____	
* TO ENTER THE SPLIT CLUB DRAWING, ADD \$2.00 TO THE ENTRANCE FEE. YES! <input type="checkbox"/> SIGN ME UP!																											
Entries for both members of your relay team must be mailed in the same envelope.																											

In consideration of your accepting my entry and permitting me to attend or participate in the July 4th Race, I intend to legally bind myself, my heirs, executors, and administrators, and waive and release any and all rights and claims for damages I may now or in the future have against the Depew-Lancaster Boys' and Girls' Club Inc., Villages of Lancaster & Depew, Town of Lancaster, race committee, the race sponsors, or their representatives, agents, members or assigns for any and all losses and/or injuries suffered from or competing in or attending the race. I verify that I am physically fit and have trained sufficiently for this race.

Signature of Runner _____ Date _____

Signature of parent/guardian if under 18 _____

RACE INFORMATION

* RACE DAY HEADQUARTERS *

Registration/Packet Pick-Up:

This will be a Champion Chip event:

A \$30.00 fee will be charged for any lost chip!
 *All pre-registered runners can pick up their packet and chip on race day ONLY at the Lancaster Boys & Girls Club
 5440 Broadway, Lancaster
 Open at 7:00 a.m.
No pre-race day pick-ups

Day of Race Registration:

Lancaster Boys & Girls Club Gymnasium
 5440 Broadway, Lancaster
 Open at 7:00 a.m.



Entry Fee:

(Chip rental has increased fee \$1.00)
 \$17.00 Pre-registration per Runner
 (Must be received by Sat., July 1, 2006)
 \$20.00 per Runner after July 2, 2006
 (Canadian add \$2.00 additional)
 19 years old or Under \$13.00

Checks payable to: Depew-Lanc. Boys & Girls Club

Age Groups:

10K: **MALE:** 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & Over
FEMALE: 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & Over

5K Relay: Male-Male, Female-Female, Male-Female

Awards: Overall male and female

10K: 1st, 2nd, and 3rd in each category
(Male Ages 30-54 Additional Prizes will be Awarded)
5K Relay: 1st, 2nd, and 3rd in each category

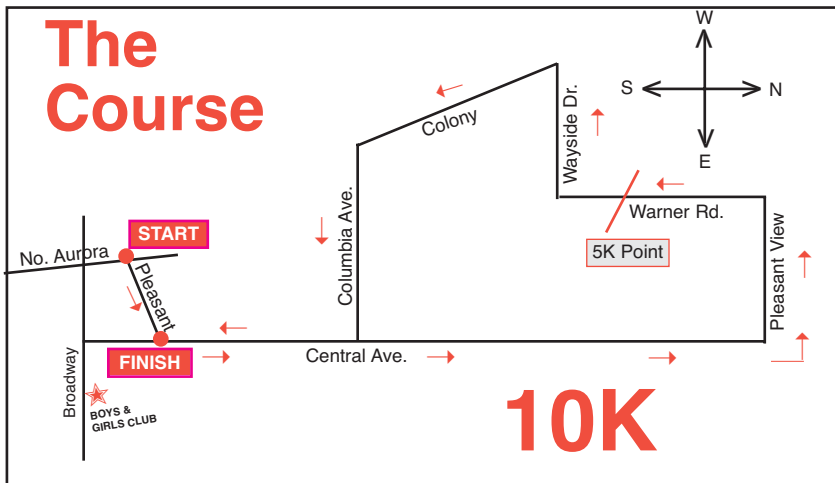
Information/Volunteers:

If you know of anyone who would be interested in VOLUNTEERING race day or if you need further details regarding race, please contact:
 Dave Hoch, Depew/Lancaster Boys & Girls Club
 5440 Broadway, Lancaster, NY 14086
 (716) 683-1485 or 683-6755

Race Results on website:

www.run-time.com

* START & FINISH LINE *



Joe Basil Chevrolet
 5111 Transit Road, Depew NY 14043



645 Delaware Street • Tonawanda, New York



29th Annual
10K and TWO
PARTNER RELAY
(5K Each)

T-shirts - Trophies - Split Club

