

**Dress up in your Best  
Costume!  
\$300 in  
Prize Money!**

# AMY'S RUN



**Saturday November 27, 2010**

Proceeds to benefit the "Amy King Kids Fund" & Southwestern Central School Scholarship

## 5K Run/Walk

**REGISTRATION:** Check-in will be at the Lakewood Community Center between 9:00-10:30 AM.  
Race Begins at 11:00 AM

**ENTRY FEE:** **\$25.00 Entry fee must be received by Friday November 19<sup>th</sup> to receive a limited edition Hooded Amy King Sweatshirt. There will be no extra shirts ordered.**

**COURSE:** Paved, generally flat, few slight inclines.

**Awards:** Awards to the first 3 overall male and female finishers in the run.  
Awards to the first 5 overall male and female finishers in the walk.  
Age group awards for the run.

**Kids Race:** The Amy King of the Hill Race. 3-10 years of age. NO CHARGE  
(Kids race starts at 11:30 AM)

**DIVISIONS:**  
Men: 14 & under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+  
Women: 14 & under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 55-59, 60+  
Kids: Distances according to age. The kids will be running up the beach hill.

**Proceeds go to help  
send children to  
summer camp.**

**MAKE CHECKS  
PAYABLE TO:** Lakewood YMCA Amy King's Run

**Mail Entries To:** Lakewood Family YMCA  
183 E. Fairmount Avenue  
Lakewood, NY 14750  
For additional information call (716) 763-0303.

## REGISTRATION FORM

Event:  5k Run  5k Walk  Kids Race

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_  
first last

Address: \_\_\_\_\_  
street city state zip

Phone: \_\_\_\_\_ Hooded Sweatshirt:  S  M  L  XL

I cannot participate in the event, but I would like to contribute and receive a sweatshirt. \_\_\_\_\_ \$25.00  
Total Amount Enclosed: \$ \_\_\_\_\_

*Release & Waiver: I, on behalf of myself, my heirs, executors, administrators, and assigns, do hereby waive and release any and all claims against the YMCA, The Village of Lakewood, The Town of Busti, and all others sponsors who may be affiliated with these races for any and all damages or injuries that may result from this event. I also attest that I am physically fit and qualified to participate in this race.*

\_\_\_\_\_  
Entrants Signature

\_\_\_\_\_  
Parent Signature (18 Yrs. or Younger)

OFFICE USE: PCS # 03415  
Date \_\_\_\_\_ Amt.Pd. \_\_\_\_\_  
Receipt# \_\_\_\_\_ Initials \_\_\_\_\_  
\_\_\_\_\_