



3rd Annual 5-K and Fun walk

THREE KINGS ROYAL RUN - 5 K

To benefit Epiphany of Our Lord RC Parish in Langford

April 30, 2011 10AM

- Location:** Epiphany of Our Lord Church
10893 Sisson Hwy (Rt.75), North Collins NY
(parking available in church lot)
- Pre-Race Pickup:** Thursday and Friday April 28 and 29, 4-8 pm at church hall
- Race Day Registration:** Saturday April 30 8-9:30 am
- Entry Fee:** \$20.00 pre-registered (with registration form below)
\$25.00 day of race
\$12.00 singles fun walk, \$40.00 family of 4 fun walk
(US funds only, non-refundable)
Checks payable to *Epiphany of Our Lord RC Parish*
- Prizes:** T-shirts for all pre-registered runners
Door prizes at post-race party
- Awards:** Trophies to overall first Three Kings and Queens, and awards to the top three of each of the following (male and females):
Under 10, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54 55-59, 60-64, 65-69, 70-74, 75 plus
- Route:** Mixture of rolling hills and flat terrains with beautiful views of Boston hills and Winter's Pond.
Sisson Hwy to Langford Rd to Fox Rd to Shirley Rd to Sisson Hwy.
- Post Race Party:** The post-race party will take place at the church hall/pavilion immediately following the race. The party will feature the awards ceremony, door prizes, music and plenty of food and refreshments.
- Online Registration:** www.active.com or visit our website at www.epiphanyparish.4lpi.com and use 3 King Royal Race link
- Results:** WNY Finish Line Services @ www.wnyfls.com
- Race Director:** Dan Koester, 716-337-3780 **Honorary Chairman:** Fr. Bob Schober

In consideration of your accepting this entry, I for myself, my heirs, executors & administrators, do hereby discharge Epiphany of Our Lord Parish, the Roman Catholic Diocese of Buffalo, and any and all sponsors & sanctioners of the race for all injuries and losses suffered by me from competing in or attending this said event.

LastName _____ FirstName _____ MI _____

Address _____ Town _____ State _____ Zip _____

Sex _____ Age (Day of Race) _____ Phone () _____ E-mail _____

T-Shirt Size (S, M, L, XL) _____ Signature _____ Parent Signature (under 18) _____